



Dr. Matthew Skinner, MD

Gastroenterologist & Therapeutic Endoscopist

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Matthew Skinner, MD, is a gastroenterologist and therapeutic endoscopist at Scripps Clinic in La Jolla, California. He specializes in advanced endoscopic treatment of pancreaticobiliary disease, early gastrointestinal cancers, complex polyps, obesity, reflux, and swallowing disorders. Dr. Skinner completed his gastroenterology fellowship at Brigham and Women's Hospital/Harvard Medical School, followed by advanced training in bariatric endoscopy at Brigham and Women's and therapeutic endoscopy at NYU Langone Hospital. He holds an MD from Georgetown University School of Medicine and a BS in Computer Science from Virginia Tech. His practice focuses on organ-sparing, nonsurgical alternatives to traditional surgery. For early cancers and advanced polyps, he performs endoscopic mucosal resection (EMR), endoscopic submucosal dissection (ESD), full-thickness resection (EFTR), and submucosal tunneling with endoscopic resection (STER). He treats achalasia and other swallowing disorders with peroral endoscopic myotomy (POEM) and manages reflux through antireflux mucosectomy (ARMS) and transoral incisionless fundoplication (TIF). His bariatric endoscopy practice includes endoscopic sleeve gastropasty (ESG) and management of post-surgical complications such as weight regain. Dr. Skinner has authored more than 15 peer-reviewed publications and serves as an ad hoc reviewer for Endoscopy and Video GIE. He teaches advanced endoscopic techniques at national and international courses, including the Association of Women Endoscopists Annual Interventional Endoscopy Course, and consults for Boston Scientific on device development.